

## The aftercare recommendations

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External recovery of the skin occurs within 4-14 days. Internal recovery of the skin lasts within 1-2 months.

The recommended aftercare and hygiene assist in preventing complications during healing process.

In the case of complications in healing, it is highly recommended you contact your technician and/or see your GP for medical advice.

The healing process consists of several steps, below are some guidelines:

- Skin redness, which can last between 20 minutes through to several hours. This is normal and no action required.
- Swelling around treated areas, this usually passes after first day but in some cases can take as long as 2-3 days. This is normal and no action required.
- Lymph release, which lasts between 2-3 hours after procedure. It is recommended to wash the treated area with regular soap and dry it with cotton pads several hours after procedure in order to remove discharge from the surface of skin and avoid thick scabs forming.
- Initial formation of scabs, which occur after the first day of procedure and are characterized with bright colour. It lasts between 4 days up to 2 weeks (average period is 6 days). The client **must not** undertake the following activities during this period: attending sauna, bath, swimming and avoid direct sunlight. It is **not permitted** to touch the effected scab area, nor scratch and remove in any form including soaking. If the scabs are removed by force the effected areas will lose pigmentation during healing and scars may form. It is recommended to avoid washing or moistening the treated areas, if this occurs, it's recommended to gently sponge dry with cotton disk. It is **not recommended** to apply your own post-procedural care or use decorative cosmetics before the scabs flake off naturally. Apply nothing for the first day after procedure. During the period of scabs forming (from third day after procedure) apply only Vaseline oil with cotton bud in thin layers when dry sensation or tightening sensation occurs (on average between 3 to 4 times a day). Avoid using any wound healing or regenerating medicines as this will accelerate the regeneration process and reduce the retention of pigments in the skin. For clients suffering from oral herpes it is recommended to take regular medical treatment, prescribed by GP, after permanent make-up applied on lips.
- Flaking of scabs. The initial flaking of scabs will result in loss between 20-50% of colour. Secondary scabs will form (colourless and flaking in appearance), that will last up to 10 days, colour will be restored by 10-20% from initial pigmentation. Within this period, no special treatment is required. But in order to avoid post-traumatic hyperpigmentation the client must avoid direct sunlight for a month after procedure.
- <u>Full skin regeneration</u>, will occur between 4-9 weeks from day of procedure. This depends on the age of client and skin conditions. Any interference in the regeneration process (such as early touch-up procedure or some cosmetology procedure associated with violating the integrity of the skin) is strictly prohibited because it can provoke the formation of scars. On average, colour will be stabilized approximately 28 days after procedure. Within this period, no special treatment is recommended. However, as mentioned above, the client **must** avoid direct sunlight for a month after procedure in order to avoid post-traumatic hyperpigmentation. If the client is exposed to direct sunlight for prolonged periods of time, she/he must use maximum sunscreen protection on treated areas. The use of Retin-A/Tretinoin, Glycolic Acid, Hydroxy Acid, Fruit Acid, chemical peels, acid peels or any other rapid skin exfoliation products used regularly on the permanent make-up area will cause the pigmentation to fade prematurely. WARNING: In addition, Salt Water, Chlorine, exfoliation creams, and exposure to the sun will cause colours to fade.

## Information about studio and technician for connection

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## 6 stages of Eyebrows healing

Day 1-2 Day 3-5 Day 6-8



I can't believe! This is my brows. They are nice but pretty dark.



Oh... they become so dark and thick...



Oh no! The crust is flaking off! And I see no color between crusts...

## Day 8-12 Day 14-25 Day 28-30



My brows are so light and color looks little bit uneven! It did not work...



My brows look so much better but still need some work.



My brows look well. I like them! I shouldn't forget to get touch up.